

BÖLÜM 11

DENTAL İMPLANTOLOJİDE YUMUŞAK DOKU YÖNETİMİ

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GİRİŞ

Diş hekimliğinde herhangi bir tedavi prosedürünün temel amacı dişler, kemikler ve yumuşak dokulardan oluşan ağız yapılarının formunun, işlevinin ve estetiğinin yeniden sağlanmasıdır. İmplant diş hekimliği alanı da bu gerekliliklere yabancı değildir. Dental implant tedavisinin başarısı büyük ölçüde osseointegrasyona bağlıdır (1). Fonksiyonun geri kazandırılması çok önemli olmakla birlikte, dental implantlar için bile mükemmel estetiğe olan ihtiyaç göz ardı edilemez.

İdeal bir sonuç, implantlarla restore edilen bölgedeki dokuların klinik görünümünün normal mukogingival konturlara yakın olmasıdır. Başarılı bir implant tedavisi, eksik dişleri değiştirerek protezle ilişkilerini korurken, kaybedilen mukogingival konturları en iyi şekilde yeniden oluşturur (2). İmplant yerleştirme için her zaman ideal koşullar bulunmayabilir, bu nedenle uzun vadeli başarıya ulaşmak için implant yerleştirmenin çeşitli aşamalarında yumuşak doku yönetimine ihtiyaç duyulur.

İmplant odaklı diş hekimliğinde biyolojik kavramlara dayalı yumuşak doku yönetimi, Yeung tarafından 2008 yılında araştırılmıştır. İyi bir estetik bitişin, yeterli kan akışının ve sert doku desteğinin son derece önemli olduğu sonucuna varılmıştır. Ayrıca implantın etrafında iyi bir keratinize dişeti bandının bulunmasının implant sağkalımı için büyük önem teşkil ettiği savunulmuştur (3).

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SONUÇ

Dental implantolojide uzun dönemli başarı, yalnızca osseointegrasyonun sağlanmasıyla değil, aynı zamanda peri-implant yumuşak dokuların sağlıklı şekilde korunması ve estetik uyumun elde edilmesiyle mümkündür. Bu bağlamda, yumuşak dokuların biyolojik özelliklerinin, patofizyolojik süreçlerin ve anatomik varyasyonların dikkate alınması tedavi planlamasının ayrılmaz bir parçasıdır. Cerrahi zamanlamanın doğru belirlenmesi, komplikasyon risklerinin azaltılması ve iyileşme sürecinin desteklenmesi açısından kritik öneme sahiptir. Yumuşak doku yönetiminde multidisipliner ve bütüncül bir yaklaşım, öngörülebilir sonuçlar elde edilmesine katkı sağlarken, hasta memnuniyetini ve uzun dönem implant başarısını da artırmaktadır.

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